

DREAM BIG

Little Kaur



Defining a Gursikh Activity 1

From the circles below, color the ones that contain qualities that a Gursikh might have.

Defensive

Loving

Selfless

Stands
up for
Justice

Greedy

Arrogant

Creative

Devious

Impolite

Stubborn

Grumpy

Accepts
God's
Will

Wise

Kind
Leader

Self-
Centered

Quick-
Tempered

Inspiring

Brave

Devout

Callous

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Defining a Gursikh Activity 2

What does a Gursikh look like?
Use the space below to draw an image of yourself
as a Gursikh.



A large, empty rounded rectangular box with a red border, intended for drawing.

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Defining a Gursikh Activity 3

How do we become Gursikhs?

From the pictures below circle the activities that help us become a Gursikh



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Defining a Gursikh Activity 4

Match the qualities of a Gursikh in English to their Punjabi counterparts

Loving

ਪ੍ਰੀਤ (Preet)

Selfless

ਨਿਆਉ (Neaao)

Devout

ਭਾਣਾ ਮੰਨਨਾ (Bhana Manna)

Brave

ਸਿਰਜਣਹਾਰ (Sirjanhaar)

Stand up for Justice

ਨਿਮਰ (Nimar)

Creative

ਸੁਜਾਨ (Sujaan)

Leader

ਨਿਰਭਉ (Nirbhao)

Accept God's will

ਪ੍ਰੇਰਣਾ (Perna)

Inspire

ਗੁਰਮੁਖ (Gurmukh)

Wise

ਪਰਧਾਨ (Pardhan)

Bebe Nanaki Ji



Bebe Nanaki Ji loved her brother, Guru Nanak Dev Ji, more than all the stars in the sky. Did you know, Bebe Nanaki Ji was the first Sikh?



Who do you
love the most?

Use the space below to draw a picture of you and the person you love the most and write a couple sentences about them.

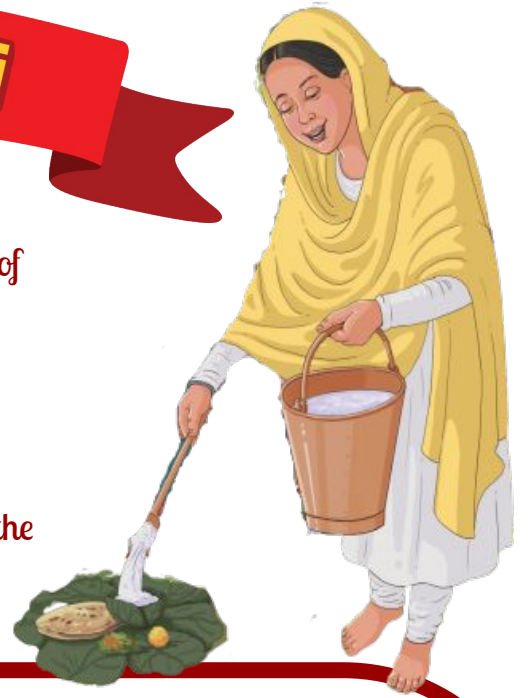
A large, rounded rectangular area with a dark red border, intended for drawing and writing. At the bottom of this area, there are three horizontal lines for writing.

Mata Khivi Ji

Mata Khivi Ji was selfless. This means that she did lots and lots of seva without expecting anything in return.

Which Seva did you do today?

Trace your hand below, then for each finger, either write or draw the Seva you have done over the past week. For example, picked up garbage from the playground.



Bibi Amro Ji

Bibi Amro Ji used to sing melodious Kirtan at Amrit Vela.

Do you know what Amrit
Vela means?

Amrit Vela refers to the early hours of the morning before the sun comes out. Use the space below to draw or describe the activities during Amrit Vela. For example, birds are starting to wake up, a Gursikh is doing Simran etc.



Bibi Bhani Ji



Bibi Bhani Ji always accepted God's Will and had a sparkling smile on her face, even when things didn't go her way.

Do you know what it means to accept Waheguru's Hukam?

Waheguru Ji wants us to accept His will or hukam -- whatever paths He has chosen for us -- with a smile.

Look at the two images below. In the first image, write out what the characters might say if they were not accepting Hukam. In the second image, write out what they might say if they were true Gursikhs and accepting Hukam.



Not Accepting Hukam



Accepting Hukam

Bibi Roop Kaur Ji

Bibi Roop Kaur Ji, Guru Har Rai Ji's daughter, recorded his words/ hymns as well as some Sakhis, thus creating priceless historic documents. She used her creativity by doing so in a very academic manner. Her notes are now kept in Kiratpur Sahib.

How can you be creative?

Use your creativity to depict what qualities a Gursikh must possess.
You can draw a picture, write a poem, song etc.



Mata Sunder Kaur Ji

Mata Sunder Kaur Ji, was an amazing leader with a heart of gold.

What character traits should an amazing leader possess?

Create a recipe to cook an amazing leader in the space below



Recipe for: An Amazing Leader

Ingredients :

Directions :

Things to Note:

ਨਾਮ (Name):

Rani Sada Kaur Ji



Rani Sada Kaur Ji was Maharaja Ranjit Singh's mother-in-law. She was very wise and often guided him when he was not sure what to do next.

How can you be wise?

Did you know that Waheguru Ji teaches us everything we need to know? Use the space below to draw/write things down that Waheguru Ji is teaching you.

Rani Sada Kaur Ji

Rani Sada Kaur Ji was Maharaja Ranjit Singh's mother-in-law. She was very wise and often guided him when faced with complex decisions. It was due to her wise suggestions that Maharaja Ranjit Singh was able to win an important battle that led to him establishing the Sikh Empire.



Wise or not Wise?

Look at the pictures below and circle whether the actions of the characters are wise or not wise.



Wise/ Not Wise



Wise/ Not Wise



Wise/ Not Wise



Wise/ Not Wise



Wise/ Not Wise



Wise/Not Wise

Mata Sahib Kaur Ji

Mata Sahib Kaur Ji, Mother of the Khalsa, was very kind-hearted yet brave.
She stood up against the bullies all the time.



What is Bullying?

Bullying is when somebody makes fun of or hurts another person on purpose.
Color the stars with actions that can be used to stop or prevent bullying.

Forgiving

Tease

Kindness

Push

Seva

Helpful

Love

Krodh
(Angry)

Share



Mata Bhag Kaur Ji

Mata Bhaag Kaur Ji was very brave. She was not afraid of anyone because she followed the guidance of her Guru. She led the 40 Singhs back to the battlefield. These Singhs became known as the “chaali mukte” and we remember them in Ardaas everyday.

What does it mean to be brave?

Finish the sentences below to help define bravery. Use the box on the right to draw an image of bravery.

Being brave means

I am brave when



Mata Bhag Kaur Ji

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What does it mean to be brave?

Being brave can mean trying something new. Think of at least 5 new things you can try. Either write out a list or draw them in the space below.

Large rounded rectangular area for writing or drawing.

NEW THINGS I WILL TRY

1. _____
2. _____
3. _____
4. _____
5. _____

Mata Gujri Ji

Mata Gujri Ji was a woman of many qualities. Her life was an inspiration to many, including the Chaar Sahibzaade. She would constantly tell them stories of bravery, kindness, and sacrifice of their father, grandfather and forefathers. These inspirational stories helped them prepare for their own sacrifice when the need arose.

Who inspires you?

Use the space below to draw/write about a person who inspires you and why.



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Draw a line from the images to their shadows below



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Draw a line from the images to their shadows below



ਨਾਮ (Name): _____

